

Application Instructions

ZERO-CAST F1x

Finger Tip Injury Splint



Zero-Cast
Dynamic Adjustable Finger Orthosis



Sizing

- Use the F1x Sizer to select the appropriate splint. Position the injured joint in the sizer slots to determine the correct size.



Orientation & Description



Positioning

- Choose the Interphalangeal joint requiring extension splint

Treating Mallet Injury: Align the centre of the palm component with the Distal Interphalangeal Joint (DIPJ)



Pressure Application



Achieve adequate pressure by squeezing the plates together



DIPJ is hyperextended as the plates are approximated

Adjust

Use the tool (mini-screwdriver) to release the ratchet legs (when splint is too tight)

When splint is slipping/loose, apply additional pressure by squeezing the plates together



Finalise + Check



Bend the legs outwards until the excess ratchet leg breaks off



Follow Up

Arrange a follow-up clinic visit.

Provide patient a copy of the "Caring For Your Zero-Cast F1x" leaflet (enclosed with product)



Patient Care

The patient may remove the Zero-Cast F1x by simultaneously squeezing the C-shaped ratchet legs together as shown to release (for cleaning etc).

